



Good News

Volunteer Police Cadets 'Rock It' this summer!!!

Cadets went festival crazy this summer, attending Mutiny, Victorious and Carfest South 27th-30th August where they met Chris Evans, Rick Astley and rocked the whole crowd on stage to YMCA.

[Click here](#) (@hantspolcadets) to see the video and look at all the other awesome stuff they got up to this summer.



Volunteer Police Cadet Mary-Beth Stirrat from Havant got to meet the Duke and Duchess of Cambridge when they visited Portsmouth for the Americas Cup; she was 1 of only 5 young people nominated by Big World Impact (now Active Communities) for her hard work and dedication to a local youth forum and Child Sexual Exploitation project. Mary-Beth has been a cadet since April 2016.

[Click here](#) to read the very 1st VPC newsletter to find out more about the cadets
If you're interested in becoming a VPC take a look at the article in this newsletter

Hot Topic: Sexting



So... What is Sexting? In basic terms, it's when naked, semi-naked or sexual pictures are sent to another person on a device such as a smartphone, tablet or laptop.

You may have heard of them called nudes, hot-shots, sex pics, pic 4 pic or other names mentioning certain body parts!!

Did you know it is against the law? It's illegal to **create** or **share** a nude/sexual picture or video of someone U18, even if it's of you. Technically, this is classed as 'child pornography' as anyone U18 is defined as a child by law. Consider the consequences if a report is made to the police:

- ⇒ **Police have the power to seize and destroy your phone, tablet or laptop**
- ⇒ **Your details will be held on a police record which could be disclosed in the future**
- ⇒ **You could be prosecuted which means you will have a criminal record which again can be disclosed in the future.**

Think... if you or the person in the picture or video is U18, you are breaking the law by taking, sending or sharing it and could get you in to serious trouble.

What other risks are associated to sexting? Other than getting into trouble with the law, and loss of control of who sees the pictures, there are other consequences linked to 'sexting' which could impact your life:

- ⇒ **Bullying, blackmail and unwanted attention from strangers or sexual predators**
- ⇒ **Colleges, Uni's and employers check social media when considering applications**
- ⇒ **Affect on mental health and wellbeing**

If you've sent a nude picture and are worried, being bullied or pressured to send more, get help!! Contact the site to remove it, speak to a trusted adult or Childline.

Also see the '[So you got naked online](#)' advice in the support section below

Crime Prevention Advice: StreetSafety4Winter



Summer's almost over... darker mornings and early evenings are on their way ... not only does this mean it's harder to get out of bed, it means it's time to think about your routine and what changes you may need to make to ensure your safety on the streets when it's dark.

To get you started here are some suggestions below, speak to your friends and share ways of staying safe together.

Stick to busier routes! Avoid short cuts through quiet, dark places such as alley ways and parks. Stick to well lit, busier streets with people and places to go to if you need help.

Be aware what's around you! If you're on your phone or listening to music you may be distracted from what's happening and who is around you... this is particularly dangerous on the roads whether you're walking or cycling, especially in the dark!!

If you think someone is following you! Trust your instincts and act quickly. Cross the road and see if they follow, if they do, go to the nearest place of safety such as a shop, local business or a place where other people are such as a bus stop.

Call your parent, carer or the police for help if you feel fearful.

The Holly Guard App turns your mobile phone into a personal safety device; click the logo to find out more or visit www.hollieguard.com

For more tips and advice about staying safe on the streets see the **Live Life Safe** link in the support and advice section below



Links to Further Support and Advice

Click the logos opposite for quick access the organisation websites

Hampshire Police: For advice on steps you can take to improve your personal safety or visit www.hampshire.police.uk

Childline: If you're worried about your safety and need to speak to someone in confidence, contact Childline. Call free on 0800 1111 or visit www.childline.org.uk

'So you got naked online' toolkit for young people: click the logo to access the advice or paste this into your browser: <http://swgfl.org.uk/products-services/esafety/resources/So-You-Got-Naked-Online/Content/Sexting-Toolkit>

LIVE LIFE SAFE: Suzy Lamplugh Trust: information and tips on staying safe on the street: www.suzylamplugh.org

Other News

#Behind the Badge

Martin Potgieter
Graphic Designer for
Hampshire Constabulary



As a police graphic designer, Martin ' **fights crime through design**' creating anything animated, printed or needed for the web. If you've seen any Hampshire Police posters, leaflets or internet stuff, chances are Martin designed it, like he did this newsletter, the graphics for our Safe4me and Police Apprentice schools projects. In his spare time, he likes doodling, music, sport and going on adventures. One of Martin's many memorable moments working for the constabulary was an indoor firework display on his desk!!

Crime News

Public Order UP
Arson DOWN
Possession of drugs DOWN

Would you like to be a Volunteer Police Cadet??

Spaces are available in existing units and new units are opening in **St. Mary's, Winchester, Southsea, Eastleigh, Petersfield, Southampton, Hedge End, and Ringwood.**

If you're age 13-17yrs and want to find out more about being a VPC [Click here](#) or go to www.hampshire.police.uk and search volunteer police cadets. If you want to apply [Click here](#) or paste into your browser: www.neighbourhoodalert.co.uk/646DC51C-7EE4-4C2A-9905-2E7415EB6F35/QuickRegister

Youth Voice Group

Would you like to join in and have your say on issues affecting young people?

[Click here](#) to find out more

Have your Say.....

What would you like us to cover in our future newsletters? Let us know your thoughts by clicking: [@youthnews](#)



If you have a question, need advice or want to find your local Neighbourhood Police Team visit the [Hampshire Police Website](#)



www.hampshire.police.uk

Deaf? Non-emergency text

07781 480999

For crime and community information

www.hampshirealert.co.uk

