

EMBRACING AUTISM

Three days that focus on skills and strategies, for parents, carers and professionals supporting an autistic young person. Hampshire CAMHS Colleagues will be hosting these days alongside parents / carers with lived experience.

Supporting your autistic child to thrive - adapting to meet the needs of the autistic YP and practical strategies. Led by Dr Catherine Robson - Hampshire CAMHS.

Support for SEN in education & what to do if it's not working. Led by Gayle Moir, SENDIASS Services Manager. (not on 14 March)

Understanding autistic burnout, what it is, why it happens, why it's different to depression, recovery, safe spaces, and prevention. Led by Viv Dawes - Advocate/trainer/author.

9.30am - 3.30pm

Friday, 14 March, 2025

Proteus Creation Space,
Council Road, Basingstoke
RG21 3DH

Wednesday, 9 July, 2025

Waterlooville Community
Centre, 10 Maurepas Way,
Waterlooville, PO7 7AY

Friday, 14 November, 2025

St Peter Church Conference
Centre, Jewry Street,
Winchester, SO23 8RY

Some events have a small charge to allow us to cover costs, some discretionary free tickets are available

Tickets £20

Tea and coffee
included

For more information and to book a place go to
www.hampshirecamhs.nhs.uk/events/

