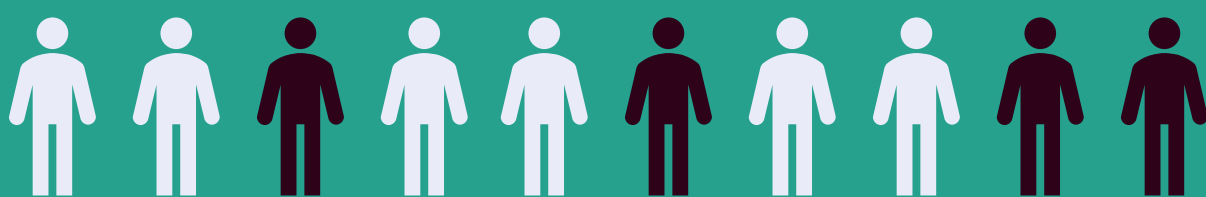


What effects does bullying have on people?

“Repeated, negative behaviour that is **intended** to make others feel upset, uncomfortable or unsafe”

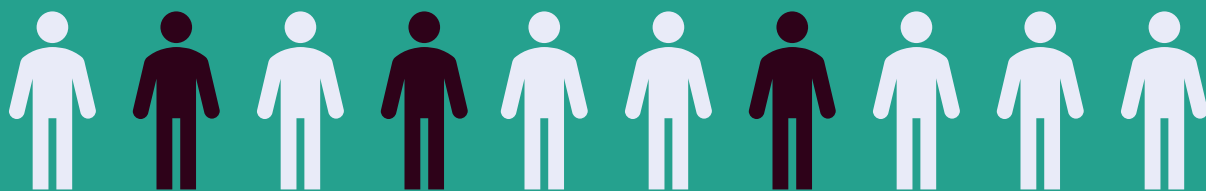
For every 10 people who are bullied...



4 develop anxiety



4 develop depression



3 have suicidal thoughts



3 self-harm



2 truant from school



1 develops an eating disorder

* Data from Ditch The Label 2020 national survey

Reporting bullying is
SAFEGUARDING, not snitching