

WORKING IN...

# PSYCHOLOGY

from the **unifrog** Careers library!

Helpful to have as skills, but also things you can gain through studying psychology

## SKILLS REQUIRED

-  listening
-  observation
-  adaptability
-  resilience
-  open-mindedness
-  caring

## MENTAL HEALTH

### Psychotherapist

Use talking therapy to support people who have mental health problems

### Psychologist

Use psychology to help people with emotional challenges, or to research the human mind

### Occupational therapist

Help people overcome daily struggles caused by health problems, disabilities, accidents, or ageing

### Neuropsychologist

Assess and treat people who have problems with memory, language, or other aspects of learning

## COMMUNITY

### Youth worker

Lead activities and offer guidance to young people aged 11 to 25

### Life coach

Help people set goals and plans so they can make the most of their lives

### Social worker

Support vulnerable people to live independent lives, safe from harm or abuse

## EDUCATION

### Educational psychologist

Help children and young people with social, emotional, or learning difficulties

### Student adviser

Support students with any problems or worries they're facing at college or university

### Child psychologist

Use different types of therapy to help children cope with mental health difficulties

## BUSINESS

### Consumer scientist

Research the things people are buying, and use your findings to advise shops and businesses

### Market researcher

Do interviews and surveys to find out what people think about a product or idea

### PR executive

Make plans and create content and events to improve or protect a company's reputation

## HALL OF FAME

German psychologist and psychotherapist:

**Laura Perls**



People in these jobs can earn between **£31,000 to £46,000** per year



By 2035, there could be **118,954 more** jobs in roles like this