

YOUTH IMPACT

Foundation Programme

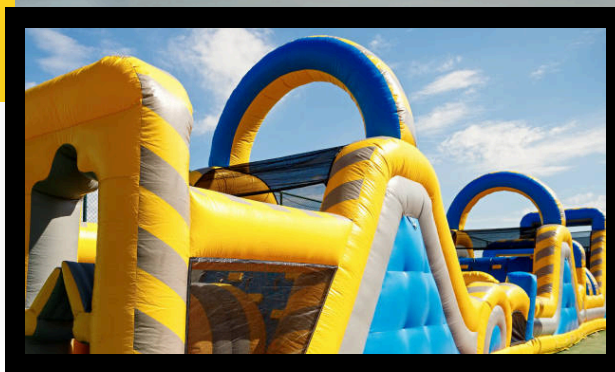
- Year 7-9 Students (11-14 year olds)
- 10am-4pm every day
- Locations accross Hampshire this summer

Programme Highlights

- Sports, games, team challenges & inflatables
- Football, basketball and outdoor activities
- Plenty of free time to relax and socialise
- Short, hands-on sessions including first aid, cooking and life skills
- A fun, supportive space to build confidence and friendships

FREE FOR STUDENTS THAT RECEIVE FREE SCHOOL MEALS AND ARE HAF ELIGIBLE

£99



Our summer programme is a fun, active four-day experience where young people can relax, get moving, and enjoy their school break in a positive and supportive environment.

Throughout the week, participants will take part in sports, games, team challenges, and inflatables, alongside plenty of free time to socialise and unwind.

Activities such as football, dodgeball, and outdoor games are balanced with choice and flexibility, allowing young people to take part at their own pace. There will also be short, hands-on sessions including first aid, cooking, and practical life skills, delivered in a relaxed and engaging way. The programme focuses on building confidence, teamwork, and friendships — all while having fun.

WHY TAKE PART?

- ✓ Learn life skills
- ✓ Meet new friends
- ✓ Gain confidence
- ✓ Have fun!!!

SIGN UP!



☎ 01794 755351



www.theyouthimpact.co.uk/foundation